

CAL-MAG

Minerals for Life® Cal-Mag is a liquid dietary supplement containing the Cell-Ready® minerals Calcium and Magnesium in a proprietary nutrient delivery system.

Calcium and Magnesium play many critical roles in the body, working together in the formulation of adenosine triphosphate, the key form of biologic energy.* Getting the correct balance of these important nutrients, is critical for optimal physical functioning.* Eniva's Cal-Mag combines these minerals in the correct ratio, approximately two parts magnesium to one part calcium. In proper balance, the body better absorbs and assimilates the calcium it needs. By having calcium and magnesium in one solution, Eniva ensures that you'll deliver your body the maximum benefits from both minerals.*

CALCIUM is needed by all tissues in the body. It is crucial for nerve conduction, muscle contraction, and heartbeat.* Calcium plays a vital role in the transduction of nerve impulses throughout the body.* It also has been shown to affect pressure within blood vessels and maintains healthy blood flow and circulation.* Calcium is the most abundant mineral in the human body and can go out of balance when the diet is inadequate. Calcium supports numerous regulatory functions in the body, including fat and protein digestion, energy production, nerve transmission, heartbeat, and assists in the absorption of other nutrients.* Calcium promotes cell membrane permeability, helping make it easier for the passage of compounds in and out of cells.*

MAGNESIUM is the seventh most abundant mineral in the earth's crust and may be one of the most important nutrients for humans. It is an essential nutrient that is required for many biologic functions, including more than 300 enzymatic reactions. One of magnesium's most important functions is in maintaining the function of the nervous system and neuromuscular transmission.* In addition, 50-60% of the magnesium in the body resides in bone. Magnesium works closely with calcium to help promote healthy bones.*

MAGNESIUM HELPS TO SUPPORT:

- Airway health*
- Healthy and normal involuntary body movements*
- Healthy and proper growth*
- Muscle health*
- Healthy and happy disposition*
- Normal calcium balance in organs and blood vessels*
- Healthy cardiovascular electrical impulses*
- Monthly feminine health*
- Healthy nerve transduction*

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease. Research is ongoing.



*Eniva Minerals
Replenishing the Essence
of Vibrant Health™*

CALCIUM HELPS TO SUPPORT:

- Healthy bones*
- Occasional sleeplessness*
- Healthy gums and teeth*
- Premenstrual cycle*
- Stress management*
- Healthy muscles*
- Positive moods*

